WORLD PSYCHODERMATOLOGY DAY ASIA 2026

HEALING MIND AND SKIN

Zoom Webinar

28 Nov 2026 (Sat) | 12:30 - 1:45 PM (GMT +8)

REGISTER:

for.sg/wpdwebinar2026

WEBINAR PROGRAMME

FOR PATIENTS AND HEALTHCARE PROFESSIONALS

Welcome Message

Dr Pankhuri Dudani

Consultant Dermatologist | Amrita Hospital, Faridabad



The Brain-Skin Connection

Dr Ellie Choi

Consultant | Dermatology National University Hospital, Singapore



When Stress Shows Up On Your Skin

Dr Shrea Kapoor

Founder, Consultant Dermatologist, Clinical Psychologist | SK|MD Mindful Dermatology Clinic, Mumbai



Acne, Stress & Emotional Well-Being

Dr Sabrina Ab Wahab

Consultant Dermatologist, Internal Medicine Physician | Universiti Teknologi MARA, Malaysia



Using AI Wisely For Mental & Skin Health

Asst Prof Kean Hsu

Clinical Psychologist, Assistant Professor | National University of Singapore, Singapore



Psycho-dermatology Models Of Care

Dr Janet Dua

Senior Consultant | Dermatology Ng Teng Fong General Hospital, Singapore



ORGANISED BY ASIAN PSYCHODERMATOLOGY GROUP

SUPPORTED BY

SBHS Society of Behavioural Health Singapore

Dermatological Society of Singapore 1972

Psychodermatology Association of India

PDM Persatuan Dermatologi Malaysia Dermatological Society of Malaysia • Since 1974

Dermatology NUS CSIG

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WEBINAR PROGRAMME

Time	Topic	Speaker
12:30 PM	Welcome to World Psychodermatology Day	**Dr Pankhuri Dudani** Consultant Dermatologist Amrita Hospital, Faridabad
12:35 PM	The Brain–Skin Connection: How the Mind and Skin Influence Each Other	**Dr Ellie Choi** Consultant Dermatologist National University Hospital, Singapore
12:45 PM	When Stress Shows Up on Your Skin—and What You Can Do About It	**Dr Shrea Kapoor** Founder, Consultant Dermatologist & Clinical Psychologist SK|MD Mindful Dermatology Clinic, India
12:55 PM	Acne, Stress and Emotional Well-being: Understanding the Connection	**Dr Sabrina Ab Wahab** Consultant Dermatologist & Internal Medicine Physician Universiti Teknologi MARA, Malaysia
1:05 PM	Using AI Wisely to Support Better Mental and Skin Health	**Asst Prof Kean Hsu** Clinical Psychologist & Assistant Professor National University of Singapore
1:20PM	Bringing Mind and Skin Care Together: Psychodermatology Clinics and Models of Care	**Dr Janet Dua** Senior Consultant Dermatologist, Ng Teng Fong General Hospital, Singapore
1:30PM	Q & A Closing	-