



## Message from the President

My dear friends,

*Assalamualaikum* and greetings to all!

Time has flown and we are almost at the end of 2022. It seems hard to believe that my time in this presidential role is coming to an end.

Firstly, I would like to express my appreciation to all of you for giving me this opportunity to serve as your president for the last two years. It would be untruthful if I said it has not been a tough two years to hold this role, for so many reasons - the impact of COVID-19 pandemic and personal challenges, but it has also been a very rewarding and humbling experience.

I took over the presidency in September 2020 when we were still in the midst of the COVID-19 pandemic and two years down the line, we are still trying to win this war. Nevertheless, despite all of these challenges and uncertainties, PDM still managed to keep calm and carry on with all its activities.

The highlight of my tenure was the 10<sup>th</sup> Regional Scientific Meeting of Paediatric Dermatology. PDM had successfully organised the first virtual Regional Conference of Paediatric Dermatology on 29<sup>th</sup> July to 1<sup>st</sup> August 2021, brilliantly led by our Scientific Chairperson; Dr Sabeera Begum. New milestones were reached. The cutting-edge science and knowledge shared at the conference was of the highest standard with prominent international and local speakers. As we moved into an endemic mode, we were able to conduct face-to-face physical meetings. In collaboration with the Dermatology Chapter, we had our first physical Mid-Term Meeting in April this year. This was held at the impressive Auditorium of UITM Hospital, Puncak Alam, Selangor.

Other CME activities that were carried out include a series of excellent academic meetings organised by the Dermatology Chapter. With Dr Henry Foong at the helm, the Dermatology Chapter organised various successful meetings all over Malaysia. Our Northern Region colleagues also held a physical conference; the 9<sup>th</sup> Dermatology Summit in February this year at the G Hotel, Penang which was well attended.

We have also partnered with various companies from the biomedical industry to provide patient-centred educational events for both dermatologists and primary care doctors. These CME activities were carried out both virtually and physically.

PDM is also committed to training and research. PDM has fully supported our national training programme in Dermatology, the Advanced Master in Dermatology. We are delighted to celebrate the 20<sup>th</sup> anniversary of our Advanced Master of Dermatology Programme this year. I am proud to be the graduate of the pioneer batch and over the span of 20 years, this programme has produced 91 graduates. I must thank the late Professor Malcolm Greaves and Puan Sri Dr Suraiya Hani Hussein for their vision in introducing a structured Dermatology training programme in Malaysia that we are proud of.

Our Society continues to strive in creating awareness and educating our patients and the general public on skin diseases. One of the projects that PDM had been involved recently was creating a series of webcomics to debunk myths on Atopic Dermatitis and to share the patients' perspective in coping and living with this disease. This series of webcomics was a collaboration with an Eisner Award winner comic artist, Erica Eng, entitled 'Uncover Life' had been uploaded onto our society's website.

Even though we were hindered by the pandemic, PDM had also conducted a Virtual Skin Health Day last year with Sunway University students where our members gave virtual education on Skin Ageing, Managing Atopic Dermatitis and Adolescent Skin Health. With the relaxation of the SOPs we were able to hold a physical National Skin Health Day this year on 12<sup>th</sup> June 2022 at Publika Kuala Lumpur. Similarly, our members in Kuala Lumpur, Penang and Johor had organised various Psoriasis Patient Education workshops working closely with Psoriasis Patients' Advocacy groups. I am truly impressed by the commitment shown by them. Giving back to society is a responsibility we all share.

At this juncture, I would like to take this opportunity in thanking my dedicated Executive Committee members, the Council of Past Presidents, members and chairpersons of the various sub-committees, the dynamic Dermatology Chapter team and our hardworking secretariat for the accomplishments achieved over the past two years. It would not have been possible without all of your great cooperation and team effort. Together we can definitely achieve more!

Lastly, I would like to welcome all of you to my hometown for this year 47<sup>th</sup> PDM AGM and Annual Conference. I hope you will have a fruitful conference whilst enjoying the authentic Nyonya cuisine and sightseeing at Melaka Bandaraya Bersejarah. Thank you again to all of you for your continuous support and trust that you have given to PDM.

**Dato' Dr Noor Zalmy Azizan**

## EXECUTIVE COMMITTEE

### President

Dato' Dr Noor Zalmy Azizan

### Vice President

Dr Sabeera Begum Kader Ibrahim

### Honorary Secretary

Dr Tan Wooi Chiang

### Honorary Treasurer

Dr Sharifah Rosniza Syed Nong Chik

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Dr Nazirin Ariffin

Dr Tang Jyh Jong

Dr Benji Teoh Tze Yuen

### Immediate Past President

Dr Chan Lee Chin

## COSMETIC DERMATOLOGY AND LASER MEDICINE BOARD (CDLM)

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Dr Peter Ch'ng Wee Beng

### Vice President

Dr Nazirin Ariffin

### Committee Members

Dr Henry Foong Boon Bee

Dato' Dr Noor Zalmy Azizan

Dr Lim Shueh Wei

Dr Ruth Ling

Dr Priya Gill

Dr Ruban Nathan

Dr Melinda Tong

## PDM RESEARCH COMMITTEE

### Chairperson

Dr Chang Choong Chor

### Committee Members

Dr Tang Min Moon

Dr Felix Yap Boon Bin

Associate Professor Dr Adwiyah Jamil

## From the Desk of the EDITOR

Dear friends and colleagues

Sincere greetings and *Salam Sejahtera!*

We are delighted to share with you the 2022 Newsletter of Persatuan Dermatologi Malaysia. This 6<sup>th</sup> edition brings you the achievements and contributions of members for year 2021/2022.

Finally, we are able to organise a physical meeting this year! The PDM Mid-term Meeting was successfully conducted in collaboration with the 4<sup>th</sup> Annual Scientific Meeting of the Dermatology Chapter, College of Physicians, Academy of Medicine of Malaysia at Hospital UiTM in Puncak Alam, Selangor. The theme was "New Advances in Dermatology" and well attended by 150 delegates. There were 25 speakers with 11 symposia and 51 lectures/presentations! Syabas to Dr Henry Foong and his team.

This year PDM 47<sup>th</sup> Annual Dermatology Conference and Annual General Meeting will be held in *Melaka Bandar Bersejarah* themed "Dermatology in a Nutshell". PDM aims to continuously support and update members on the latest advancement and breakthrough in dermatology.

The Advanced Master in Dermatology (AdvMDerm) celebrates its 20<sup>th</sup> anniversary this year! Since the commencement in 2002, 91 dermatologists had graduated from this programme and 49 candidates are still in training! PDM acknowledges and appreciates this successful achievement.

Congratulations to Dr Darshini Chandrasakaran Pillay for receiving the PDM Best Student Award for year 2022. This year, PDM welcomes fourteen young and vibrant new members into the family.

Lastly, I would like to thank all the members for sharing their annual activities, patient education campaigns, outreach programmes and other undertakings which are highlighted in this PDM newsletter. PDM applauds all the members who have continuously contributed to the success of our Society.

**Dr Sabeera Begum Kader Ibrahim**  
Editor

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# Introducing NEW PDM MEMBERS

We are proud to introduce the new members for year 2022 and this is indeed one of the largest groups to

date. PDM welcomes all new members and your participation will bring PDM to greater achievements.



**Dr Darshini  
Chandrasakaran  
Pillay**



**Dr Foo Seow Hoong**



**Dr Gan Teck Sheng**



**Dr Irshath Ibrahim  
Mohamed Ali Jinnah**



**Dr Kwan Jing Wern**



**Dr Lim Yee Tin**



**Dr Mohan Arumugam**



**Dr Nor Azila  
Mohamed Akil**



**Dr Satman Sigh  
Sachdev**



**Dr Shafinaz Salehen**



**Dr Teh Yeon Chiat**



**Dr Teh Yin Heng**



**Dr Teoh Yee Leng**



**Dr Wan Syazween  
Lyana Wan  
Ahmad Kammal**



# HOT TOPICS IN MEDICAL & COSMETIC DERMATOLOGY

19<sup>th</sup> - 20<sup>th</sup> February 2022

by Dr Tan Wooí Chiang

This is the 9<sup>th</sup> consecutive year we organised the Northern Dermatology Summit (NDS), a collaboration by the Department of Dermatology, Hospital Pulau Pinang, Hospital Sultanah Bahiyah, Hospital Raja Permaisuri Bainun; Malaysian Medical Association (MMA) Penang Branch; Persatuan Dermatologi Malaysia and Dermatology Chapter, Academy of Medicine of Malaysia. Following the enforcement of the Recovery Movement Control, the Malaysian National Security Council (MKN) has set out a Standard Operating Procedure (SOP) for organising physical conference. This conference adhered strictly to the SOP - wear mask all the time and maintain social distancing. Amid the threat of COVID-19 pandemic, this event was a huge success and attracted a total of 348 participants and 30 pharma exhibitors.

The objective of this course was to introduce a regular continuous medical education programme for both government and private practitioners, with the hope of improving standard of care in Dermatology. The topics chosen are the common dermatological conditions that we encounter in our daily practice and some update on various aspect of Cosmetic and Medical Dermatology.

We lined up distinguished local speakers to share their experience with us this year.

My fellow comrades - 18 of them: Dr Henry Foong Boon Bee (Ipoh), Dr Chan Lee Chin (Penang), Dr Azura Bt Mohd Affandi (KL), Dr Leong Kin Fon (KL), Dr Bong Jan Ling (Selangor), Dr Tang Jyh Jong (Ipoh), Dr Chong Yew Thong (Penang), Dr Khor Yek Huan (Penang), Dr Ch'ng Chin Chwen (KL), Dr Lee Hock Leng (Ipoh), Dr Oh Hoey Hoey (Penang), Dr Yeoh Chin Aun (Kedah), Dr Loh Ken Chen (Kedah), Dr Loo Chai Har (Penang), Dr Norazlima Mohd Ali (Penang), Dr Meera Kuppusamy (Selangor), Dr Low Dy-Win (Kedah) and Dr Teh Yeon Chiat (Kuala Lumpur). I would like to take this opportunity to express my sincere thanks to all the speakers who were willing to sacrifice their precious time to travel all the way to Penang to share their knowledge with us.

The programme was very intense with lectures given by experts in their respective areas of interests. The scientific sessions were highly informative and well attended. The participants found the summit very useful and practical.



# DERMATOLOGY CHAPTER, COLLEGE OF PHYSICIANS, ACADEMY OF MEDICINE OF MALAYSIA (2021 / 2022)

by Dr Latha Selvarajah and Dr Henry Foong Boon Bee

The Dermatology Chapter was officially inaugurated on 12<sup>th</sup> September 2018 by the Council of the College of Physicians, Academy of Medicine of Malaysia. The Academy is dedicated to promote the highest standards of specialist healthcare in the country.

With the extension of restrictions on activities / gatherings due to the COVID-19 pandemic, the Dermatology Chapter continued the CME activities on a virtual platform. Below is the list of meetings that were conducted from September to December 2021:

No	Date	Event / Title	Venue
1	10 <sup>th</sup> October 2021	<b>Inflammatory Skin Disease Webinar</b> Invited Speaker: Associate Professor Daniela Kroshinsky, Dept of Derm, Massachusetts Gen Hospital, Harvard Med Sch, Boston, USA	Virtual
2	7 <sup>th</sup> November 2021	<b>Laser Surgery Webinar</b> Invited Speaker: Dr Douglas Wu, Dermatologist, Cosmetic Laser Dermatology, San Diego, USA	Virtual
3	5 <sup>th</sup> December 2021	<b>Clinicopathological Conference Webinar</b> Invited Speaker: Dr Penny Lim, Dermatologist, Pymble Dermatology, Sydney, Australia	Virtual
4	12 <sup>th</sup> December 2021	<b>4<sup>th</sup> Northern Regional Scientific Meeting: Basic Laser Surgery in Clinical Practice</b>	Weil Hotel, Ipoh

In the year 2022, with the ease on lockdown, many activities were held physically. After a successful Annual Scientific Meeting, albeit virtually, in early 2021, we were delighted to conduct our 4<sup>th</sup> Annual Scientific Meeting incorporating the Dermatological Society of Malaysia (PDM) Mid-term Meeting from 28<sup>th</sup> - 29<sup>th</sup> May 2022 at Hospital UiTM in Puncak Alam, Selangor. The theme of the event was "New Advances in Dermatology". The Organising Chairman for the event was Dr Henry Foong, Chairman of Dermatology Chapter while the Scientific Chairman was Dr Leong Kin Fon.

This event saw the participation of Associate Professor Dr Alexander Navarini from the Department of Dermatology, University Hospital Basel, Switzerland, as well as Assistant Professor Dr Steven Chen from the Department of Dermatology, Massachusetts General Hospital, Harvard Medical School, USA who presented virtually during this event. We also invited many talented local dermatologists who spoke on various topics including paediatric dermatology, atopic dermatitis, psoriasis, dermatomycosis, urticaria, acne, maskne, modern wound dressings, cutaneous drug reactions, COVID-19 related adverse events, cosmetic dermatology and hair/nail disorders. We also had a plastic surgeon and a paediatrician to share their expertise at this exciting update. This event was made even more interesting with 11 challenging cases presented by Dermatology Fellows. For the first time, we also had oral presentations of original research, where 11 abstracts were presented. This annual meeting saw a total of 11 symposia, 23 lectures / presentations on Day 1 and another 28 lectures / presentations on Day 2 with 25 speakers involved and 150 delegates.



We also had 28 ePosters from the various hospitals in the country, as well as active participation by the

pharmaceutical companies in the booth exhibition. The event received excellent feedback from the delegates.

Other events organised by the Dermatology Chapter in 2022 are as follows:

No	Date	Event / Title	Venue
1	27 <sup>th</sup> February 2022	2 <sup>nd</sup> Central Regional Scientific Meeting: Basic Inflammatory Skin Diseases	Le Meridian Hotel, KL
2	13 <sup>th</sup> March 2022	2 <sup>nd</sup> Eastern Regional Scientific Meeting: Atopic Dermatitis	Hyatt Hotel, Kuantan
3	27 <sup>th</sup> March 2022	3 <sup>rd</sup> Central Regional Scientific Meeting: Update on Psoriasis	Aloft Hotel, KL
4	11 <sup>th</sup> June 2022	Johor Dermatology Update Dermatology at your Fingertips	Renaissance Hotel, Johor Bahru
5	12 <sup>th</sup> June 2022	1 <sup>st</sup> Borneo Regional Scientific Meeting: Common Skin disorders in Primary Care	Pullman Hotel, Kuching
6	2 <sup>nd</sup> July 2022	Dermatology Talk: Atopic Dermatitis	Travelodge Hotel, Ipoh



# ADVANCED MASTER OF DERMATOLOGY PROGRAMME (Report September 2022)

by Associate Professor Dr Adawiyah Jamil

## AdvMDerm

The Advanced Master of Dermatology (AdvMDerm) programme proudly celebrates its 20<sup>th</sup> anniversary this year. The programme started in 2002 with the visions and dedicated efforts of the late Professor Dr Malcolm Greaves, Puan Sri Suriaya Hani Tun Hussein, Dr Saadiyah Sulaiman and tremendous support from Persatuan Dermatologi Malaysia and Ministry of Health Malaysia. Dato' Dr Noor Zalmy Azizan Mohd Ali Azizan and Dr Lo Kang Shang Chit were the pioneer students. There are currently 91 graduates in total, and 49 who are currently undergoing their training.

## New intake

The 21<sup>st</sup> batch of the AdvMDerm enrolled into the programme on 1<sup>st</sup> June 2022. They were Dr Mabel Heah Meibo, Dr Ingrid Ting Pao, Dr Chin Hui Wenn, Dr Siti Aribah Alias, Dr Siti Badariah Zakaria, Dr Shaliza Nawawi, Dr Tan Yi Jun, Dr Teo Yan, Dr Jassriwati Kosnin, Dr Nurul Iman Pison, Dr Lai Shiau Wei, Dr Chan Kam Veng, Dr Lim Jo Anne, Dr Niwasini Ravindran and Dr Serene T'ng Li Ching.



AdvMDerm examination 9<sup>th</sup> to 11<sup>th</sup> November 2021. Standing from left to right: Dr Norazila Mohamed Akil, Dr Shafinaz Salehen, Dr Gan Teck Sheng, Dr Mohan Arumugam, Dr Satnam Singh Sachdev a/l Malvender Singh, Dr Liyana Dhamirah Aminudin, Dr Sabrina Ab Wahab. Sitting left to right: Dr Wan Syazween Lyana Wan Ahmad Kammal, Dr Priya Gill, Associate Professor Dr Adawiyah Jamil, Dr Lee Yin Yin and Dr Darshini Chandrasakaran Pillay

## Examinations

Nine candidates sat for the examination from 9<sup>th</sup> to 11<sup>th</sup> November 2021 while 12 candidates passed the recent examinations in June 2022. We would like to thank the esteemed examiners Dr Priya Gill, Dr Lee Yin Yin, Dr Ng Ting Guan and Dr Tang Jyh Jong for their commitment, expertise and hard work. The next examination will be in November 2022 with 10 candidates at the Department of Medicine, Hospital Canselor Tuanku Muhriz, Universiti Kebangsaan Malaysia.



AdvMDerm examination 10<sup>th</sup> to 13<sup>th</sup> May 2022. Standing from left to right: Dr Sabrina Ab Wahab, Dr Liyana Dhamirah Aminudin, Dr Leong Wei Cheng, Dr Lee Shen Wei, Dr Rani Manohari Kuppasamy, Dr Tan Wen Foong, Dr Kanimoli Rathakrishnan, Dr Wong Siu Bee. Sitting from left to right: Dr Lim Jin Huang, Dr Ee Siew Li, Associate Professor Dr Adawiyah Jamil, Dr Tang Jyh Jong, Dr Ng Ting Guan, Dr Mohan Arumugam, Dr Janet Lee Hoong May and Dr Lee Sut Enn

## Graduates / New Dermatologists

Congratulations to 13 new dermatologists! The 13<sup>th</sup> and 14<sup>th</sup> batches of AdvMDerm received their degree at the 49<sup>th</sup> University Kebangsaan Malaysia Convocation Ceremony 2021. Dr How Kang Nien (academic session 2019/2020) and Dr Kwan Jing Wern (academic session 2020/2021) won the Persatuan Dermatologi Malaysia (PDM) best student awards. The following are the graduates with their current place of practice in brackets next to their names.





Back row from left: Dr Yong Shin Shen (Universiti Malaya), Dr How Kang Nien (Universiti Putra Malaysia), Dr Teeba Raja (Hospital Selayang), Dr Wong Kit Wan (Hospital Sultanah Aminah), Dr Rasimah Ismail (International Islamic University Malaysia), Dr Kiing Jiu Wen (Hospital Umum Sarawak), Dr Teh Yih Heng (Hospital Tengku Ampuan Rahimah), Dr Irshath Ibrahim Mohamed Ali Jinnah (Hospital Sultanah Bahiyah). Front row from left to right: Dr Lim Yee Ting (Hospital Sultanah Aminah), Dr Kwan Jing Wern (Hospital Ampang), Dr Teh Yeon Chiat (Hospital Kuala Lumpur), Dr Goh Siew Wen (Columbia Asia Hospital Bukit)

## Aesthetic Workshop for **ADVANCED MASTERS PROGRAMME**

by Dr Peter Ch'ng

We managed to conduct a hands-on botulinum toxin and fillers workshop for our 10 newly graduate dermatologists at HUKM on 7<sup>th</sup> August 2022. Lectures regarding botulinum toxin and fillers were presented and all participants had their first experience of injecting botulinum toxin and fillers on volunteers.

We will continue to be in communication with the Ministry of Health pertaining to cosmetic dermatology. A few of us continued to be in the main Credentialing and Privileging Committee of Aesthetic Medical Practice to let our voices be heard.

Moving forward, we will continue to actively train our trainee dermatologists and dermatologists to be at the forefront of cosmetic dermatology.







*Dr Darshini  
Chandrasakaran Pillay*

## Persatuan Dermatology Malaysia **BEST STUDENT AWARD 2021**

PDM has introduced the “PDM Best Student Award” for Advanced Masters in Dermatology Students for excellence academic performance since 2020.

Congratulations to Dr Darshini Chandrasakaran Pillay from batch 15, who won the PDM Best Student Award for year 2021, for excellence academic performance. PDM wish you all the best and success for the future.

## **20<sup>TH</sup> ANNIVERSARY OF ADV. M. DERMATOLOGY (UKM)**

*by Puan Sri Datuk Dr Suraiya Haní Hussein*

On the 20<sup>th</sup> Anniversary of the Advanced Masters in Dermatology, may I congratulate all involved in the successful implementation of this important programme for Dermatology in Malaysia.

Before the year 2000, the training of dermatologists in Malaysia was too little, too slow, unplanned and unstructured. As a result, we had very few skin specialists and trained only one or two a year, in an ad-hoc manner.

That is why the Adv. M. Dermatology was conceived, initially by the Department of Dermatology Hospital Kuala Lumpur (HKL) and Hospital Universiti Kebangsaan Malaysia (HUKM) and later became a conjoint effort supported by the Ministry of Health (MOH), the Persatuan Dermagologi Malaysia and the Universities.

I invited Professor Dr Malcolm W. Greaves who is no stranger to Malaysian dermatology, upon his retirement from St. John’s Institute of Dermatology, London, United Kingdom if he would like to spend two years here in Kuala Lumpur, as a Visiting Consultant to the Department of Dermatology, HKL, and also simultaneously as Professor, Department of Medicine, HUKM. At the same time, he assisted us in the setting up of our Masters Programme. He

Co-Chaired the board of studies with me, Dr Saadiah Sulaiman, as Secretary, HUKM as the secretariat and UKM as the awarding institution. We are grateful for the visionary support of Professor Dato’ Dr Khalid Kadir, the then Dean of UKM.

The programme took off very well, with the blessings of the MOH and PDM. Up till now it has attracted many young doctors to our fraternity and has produced numerous Dermatologists of very good calibre and standard, on par with others trained internationally. For this, we must be very proud. Thank you to all the trainers for their dedication and sacrifice, without whom the programme cannot survive.

I sincerely hope that the programme will be continuously reviewed, improved and sustained, to keep up with the standards of training of Dermatologists worldwide. International collaboration and stints in overseas centres of excellence will further enhance the quality of Dermatology training in Malaysia.

To all who have contributed to the success of the programme, Thank You!

# NATIONAL SKIN HEALTH DAY

by Dr Nazirín Ariffin

This year, Persatuan Dermatology Malaysia has organised the National Skin Health Day on the 12<sup>th</sup> June 2022. The purpose of National Skin Health Day is to raise awareness and increase understanding among the general public about common skin diseases. Our aim is to reduce stigmatization surrounding skin disease sufferers, to teach the public on how to look after their skin and be aware of potential cancerous moles. The Skin Health Day was conducted by consultant dermatologists and skin specialists from PDM, with the help of nursing staff from Hospital Kuala Lumpur. The event took place between 10.00 am to 2.00 pm at the Lower Ground, PUBLIKA. We opened consultation booths to give opportunity for the public to ask us anything about their skin issues and to get their moles checked. There were fun activities for the young ones with treasure hunt, kid's colouring competition, face painting, prizes and other fun and games. We would like to thank all the sponsors and participants for making the event a joyful and successful one.

*Activities for Children include colouring competition, face painting, treasure hunting and clown show.*





# UNITED, WE UNLOAD THE BURDEN OF PSORIATIC DISEASE

by Dr Tan Wooi Chiang

This is the first time the Department of Dermatology, Hospital Pulau Pinang and Persatuan Penyayang Pesakit Psoriasis Pulau Pinang (PPPPPP) jointly organised the Penang Psoriasis Patient Education Workshop 2022 on 31<sup>st</sup> July 2022 from 8.00 am to 2.00 pm at G Hotel Kelawai in Penang. In view of the threat of COVID-19 pandemic, this event was limited to a total of 50 participants only.

The workshop started off with “Chat with doctors” in the early morning. Two talks, entitled “What you should know about psoriasis” and “What is new in psoriasis treatment”. The Mandarin segment was facilitated by Dr Loo Chai Har and Dr Tan Wooi Chiang, while Dr Norazlima Bt Mohd Ali and Dr Khor Yek Huan were the panelists in the Malay segment.

There was also a Mind sharing session by counsellor Miss Goh Yen Chee, from Alchemy Space Resources and a healthy cooking live demonstration session with Chef Audee Cheah, President of Penang Chefs Association.

I would like to take this opportunity to express my sincere thanks to our special guest YAB Tuan Chow Kuan Yeow, Penang Chef Minister, represented by YB Chris Lee Chun Kit, ADUN Pulau Tikus for officiating the

workshop. Not to forget, special thanks to all the speakers/facilitators who were willing to sacrifice their precious time to share their knowledge with all the participants.





# Educational Activities by PSORIASIS ASSOCIATION OF MALAYSIA (PAM) IN 2021 AND 2022

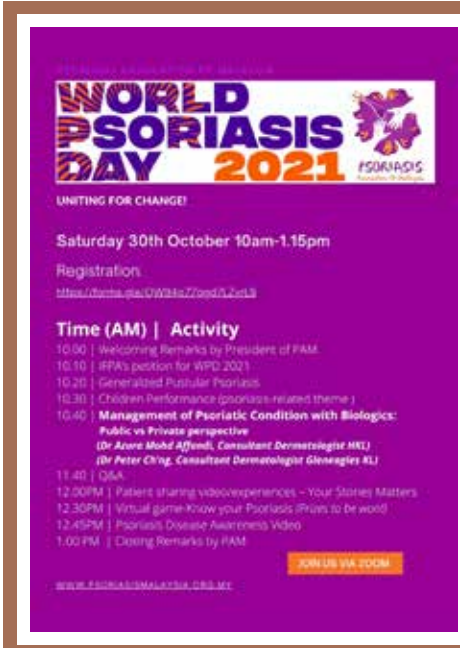
*by Dr Azura Mohd Affandi*

Despite the pandemic, the Psoriasis Association of Malaysia (PAM) organised and participated in a few educational events in 2021 and 2022.

Date	Event
3 <sup>rd</sup> July 2021	<p>Virtual talk on 'Psoriasis during the Pandemic - Disease Management and Covid-19 vaccination' by Dr Azura Mohd Affandi.</p> <p>This was an event organised by Partners in Psoriatic Care (PPC), which is a collaboration of Arthritis Foundation of Malaysia, Psoriasis Association of Johor and Psoriasis Association of Malaysia.</p>
2 <sup>nd</sup> September 2021	Virtual talk on 'Psoriasis dan Diet Anda - Apa Kaitannya' by Puan Noor Fadilah, Pegawai Dietetic HKL.
30 <sup>th</sup> October 2021	Virtual celebration of World Psoriasis Day 2021 by PAM, where there were video shared on general pustular psoriasis, children's performance, patient sharing, virtual game on Know-your psoriasis and talks by Dr Azura and Dr Peter Ch'ng on 'Management of Psoriatic Condition with Biologics: Public vs Private Perspective'.
13 <sup>th</sup> November 2021	<p>Virtual celebration of World Psoriasis Day 2021 by PPC.</p> <p>There were talks by Dr Latha R.Selvarajah, Dr Tan Wooi Chiang and Dr Benjamin Cheah on topics related to psoriasis and psoriatic arthropathy.</p>
28 <sup>th</sup> November 2021	Virtual discussion on 'Psoriasis - As Clear as You Can Get'. The event was moderated by Miss Choo Mei Sze and there was a talk by Dr Peter Ch'ng and demonstration of breathing technique by Jojo Struys.
8 <sup>th</sup> December 2021	Virtual talk on 'Integrative Approach to Psoriasis'. This was an event organised in collaboration with UKM, where there were sharing session by dermatologist (Dr Mohan Arumugam), dietician (Dr Shanthi Krishnasamy) and researcher (Ms Nur Hanisah Mohamed Haris).
26 <sup>th</sup> March 2022	<p>Patient Advisory Board for Psoriasis, at Le Meridien KL.</p> <p>This was the first physical event since the pandemic. 10 patients were invited to share their experiences. The event was moderated by Dr Azura, who also delivered a talk on 'Current Landscape of Psoriasis in Malaysia'.</p>
17 <sup>th</sup> and 24 <sup>th</sup> June 2022	<p>2022 Asia Pacific Dermatology Patient Advocacy Group Leaders Forum.</p> <p>Two patients from PAM and Dr Azura participated in this virtual forum, which also involved patient advocacy groups (PAG) from Australia, Singapore, Taiwan, Korea, Hong Kong, Japan and China.</p> <p>Dr Azura presented on 'Social Media for Psoriasis Disease Awareness'. During the forum, the participating PAG leaders form various countries shared their experiences, among others, on advancing patients' access to treatment. Following the event, an online patient survey was created to understand the key challenges and barriers throughout the patient journey.</p>
25 <sup>th</sup> June 2022	29 <sup>th</sup> Annual General Meeting of Psoriasis Association of Malaysia, held at Universiti Malaya. Dr Muhammad Yusof Sibert delivered a talk on 'Psoriasis, Psoriatic Arthritis and Your Job'.

We would like to thank the pharmaceutical companies for their continuous support in ensuring educational activities for patients continued despite the challenges

faced during the pandemic. We look forward to collaborate with other organisations and organise more educational activities for psoriasis patients in the future.



**WORLD PSORIASIS DAY 2021**  
 UNITING FOR CHANGE!  
 Saturday 30th October 10am-1.15pm  
 Registration: <https://forms.gle/9W3hZ7pzdA2uL3>  
**Time (AM) | Activity**  
 10.00 | Welcoming Remarks by Presidents of FAM, IFA's position for WPD 2021  
 10.20 | Generalized Pustular Psoriasis  
 10.30 | Children Performance (psoriasis-related theme)  
 10.40 | **Management of Psoriatic Condition with Biologics: Public vs Private perspective**  
 (Dr Azura Mohd Affendi, Consultant Dermatologist KEM) (Dr Peter Ch'ng, Consultant Dermatologist Gleneagles KJ)  
 11.00 | Q&A  
 12.00PM | Patient sharing video/experiences - Your Stories Matters  
 12.30PM | Virtual game-Know your Psoriasis (Prize to be won)  
 12.45PM | Psoriasis Disease Awareness Video  
 1.00 PM | Closing Remarks by FAM  
[www.psoriasismalaysia.org.my](https://www.psoriasismalaysia.org.my)



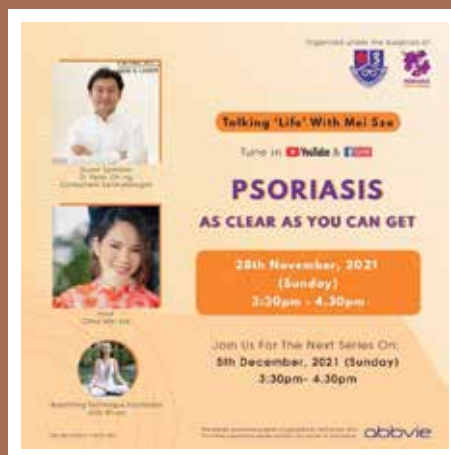
**PSORIASIS DURING THE PANDEMIC**  
 Disease management and Covid 19 vaccination  
 3<sup>rd</sup> July 2021 (Saturday)  
 Live Broadcasting Time: 11:00 am - 12:00pm (Malaysia Time)  

Time	Topic	Moderator / Speaker
11:00 AM - 11:30 AM	Introduction by Moderator	Sofia Laili President Psoriasis Malaysia
11:30 AM - 11:55 AM	Psoriasis during the pandemic - Disease management and Covid 19 vaccination	Dr. Azura Mohd Affendi Senior Consultant Dermatologist, Hospital Kuala Lumpur
11:55 AM - 11:55 AM	Q&A	Sofia Laili President Psoriasis Malaysia
11:55 AM - 12:00 PM	Closing	Sofia Laili President Psoriasis Malaysia


  
 Organized by:  Supported by: 



**SAVE THE DATE**  
 13th November 2021, Saturday  
 2pm-5pm  
**2021 WORLD PSORIASIS DAY**  
 VIRTUAL Celebration 2021  
 by Partners in Psoriatic Care (PPC)  
**UNITED**  
 Broadcasted through Zoom live, FB Live from FAM, FAJ & AFM  
 Join the most on the day and receive for free! patient group membership of your choice  
 \* FAM - Join in 2021-3 years membership fee waived  
 \* FAJ - free membership for FAJ  
 \* AFM - free membership for patients with arthritis  
 visit us: [www.psoriaticpartners.org](http://www.psoriaticpartners.org)



**Talking 'Life' With Mei Sze**  
 Tune in on YouTube & FB  
**PSORIASIS AS CLEAR AS YOU CAN GET**  
 28th November, 2021 (Sunday)  
 3:30pm - 4:30pm  
 Join Us For The Next Series On:  
 5th December, 2021 (Sunday)  
 3:30pm - 4:30pm  
 abbvie



**PSORIASIS ASSOCIATION OF MALAYSIA**  
**Psoriasis dan Diet Anda, Apa Kaitannya?**  
 Date: September 23, 2021 (Wednesday)  
 Time: 8.00-9.30pm  
 Ini adalah siri webinar dengan topik berkaitan dengan diet dan psoriasis. Webinar ini akan memberi maklumat mengenai hubungan diet psoriasis. Dapatkan jawapan kepada pertanyaan-pertanyaan anda melalui platform pertanyaan-pertanyaan langsung.



**Social Media for Psoriasis Disease Awareness**  
 Azura Mohd Affendi  
 Consultant Dermatologist & Medical Advisor of Psoriasis Association of MALAYSIA  
 17<sup>th</sup> June 2022





# WORLD PSORIASIS DAY 2021 WORKSHOP IN JOHOR

by *Dr Latha Selvarajah*

This event was jointly organised with Psoriasis Association of Johor on 13<sup>th</sup> November 2021 at Austin International Convention Centre, Johor. Participants comprised medical staff, psoriasis patients and their family members.

Among the speakers were Dr Latha Selvarajah, Dr Tan Wooi Chiang, Dr Benjamin Cheah and one of our psoriasis patients, Sofia Lovi Ramasamy



Outreach Programme

## SINGLE DOSE RIFAMPICIN CHEMOPROPHYLAXIS FOR LEPROSY

by *Dr Rajalingam Ramalingam*

The single-dose rifampicin (SDR) chemoprophylaxis programme for leprosy was launched for the first time in Malaysia in Kampung Orang Asli Sawah Batu, Pekan, Pahang on 5<sup>th</sup> to 6<sup>th</sup> July 2022. It was officiated by Timbalan Pengarah Kesihatan Negeri Pahang (Kesihatan Awam), Dr Husnina binti Ibrahim, and together in attendance were the directors of Hospital Orang Asli Gombak and Hospital Rompin, Head of Dermatological Services of Pahang, Paediatrician from Hospital Pekan, Family Medicine Specialist of PKD Pekan, District Health Officer of Kuantan, District Health Officer of Bera,





District Health Officer of Rompin, District Health Officer of Pekan, TB/Leprosy Unit of JKN Pahang, TB/Leprosy Unit of PKD Pekan, TB/Leprosy Unit of PKD Rompin, Pasukan Bergerak Orang Asli (PBOA) team of Pekan, Vector Unit of PKD Pekan, NCD Unit of PKD Pekan, Dietetics and Nutrition Unit of Pekan, Adolescent Health team of Peramu Jaya Health Clinic, Counseling Unit of PKD Pekan, Health Promotion Unit of Pekan, and Mother and Child Health Unit of PKD Pekan.

Out of a total population of 688 individuals in Kampung Orang Asli Sawah Batu, 321 were screened for eligibility for SDR. A total of 273 individuals received SDR chemoprophylaxis, including 17 children below 5 years old and 12 senior citizens. SDR was deferred in 48 individuals (4 declined, 24 suspected leprosy, 7 pregnant women, 3 children below 2 years old, 10 ineligible). No adverse effects to rifampicin were reported among all those who received SDR.



## **Program pemberian SDR di Kg Sawah Batu 5-6/7/22**



# REACHING OUT TO THE UNDERSERVED ABORIGINAL POPULATION OF GOMBAK

by Dr Goh Siew Wen and Dr Henry Foong Boon Bee

This is a project with an aim to reach out to the underserved aboriginal population of Gombak, led by Dr Henry Foong, Chairman of Dermatology Chapter, Dr Leong Kin Fon, Scientific Chairman and Dr Izandis, Pengarah Hospital Orang Asli Gombak.

In collaboration with the medical team of Hospital Orang Asli Gombak, Committee Members of the Dermatology Chapter (who are all fellow consultant dermatologists at their respective hospitals) visit the hospital on a two monthly basis to facilitate the management of dermatological conditions.



Dr Henry Foong & Dr Goh Siew Wen were excited about the initiation of our project

A focused programme of bedside teaching is conducted as this is believed to be a core element of building confidence and expertise in clinical assessment and judgement. Our visiting consultant dermatologists also run the CME (Continuing Medical Education) programme, with the aim of closing the gaps in knowledge. Store and forward teledermatology services have also been set up for the closed group to provide dermatologic care in between visits and follow ups.



Dr Henry sharing his insights and management advice on cutaneous fungal infection



Assisting the medical team in Hospital Orang Asli Gombak in clinical diagnosis and management of dermatological conditions

The major challenges for handling dermatology conditions among the aborigines are financial and resource constraints for the local health service. Infectious diseases such as cutaneous fungal infection are highly prevalent in the indigenous population. Treatment of such infections and infestations may also require treating the family members, so as to avoid reinfection. However follow-up visits are sometimes difficult to provide for aborigines and hence we partner with the primary care providers to establish longitudinal community based dermatology clinics for these populations.



Dermatology for Primary Care

# PUTRAJAYA DERMATOLOGY UPDATE 2022

by *Dr Nazatul Shíma Abdul Rahím*

This was held on 25<sup>th</sup> August 2022 in Marina Putrajaya and was well attended by a total of 130 participants (some far from Sabah and Terengganu!). The objective was to provide a CME on a broad range of common skin

conditions, as well as recognise cases that need urgent referrals. This platform will create interest among participants and strengthen the knowledge in dermatology specialty.



Dermatology for Primary Care

# KELANTAN DERMATOLOGY UPDATE 2022

by *Dr Wan Noor Hasbee Wan Abullah*

The 19<sup>th</sup> Kelantan Dermatology Update was held on 20<sup>th</sup> to 21<sup>st</sup> July 2022 at Auditorium ACC, Hospital Raja Perempuan Zainab II. This annual programme was organised by the Department of Dermatology HRPZ II in collaboration with Jabatan Kesihatan Negeri Kelantan, MMA and Kelab Dermatologi HRPZ II. There were 142 participants mainly doctors from primary care, specialists, general practitioners and other paramedics.





Dermatology for Primary Care

# JOHOR DERMATOLOGY UPDATE 2022

*by Dr Latha Selvarajah*

The Johor Dermatology Update 2022 was jointly organised with the Dermatology Chapter, Academy of Medicine of Malaysia on 11<sup>th</sup> June 2022 at Renaissance Hotel, Johor Bahru, Johor. We had 185 participants comprising general practitioners, government medical officers, pharmacists and medical students from Johor. Among the speakers were Dr Henry Foong, Dr Leong Kin Fon, Dr Ng Chun Ruh, Dr Choon Siew Eng, Dr Tey Kwee Eng, Dr Latha Selvarajah, Dr Evelyn Yap, Dr Lee Yoong Wei, Dr Wong Kit Wan, Dr Lim Yee Ting and Dr Gary Chia. We incorporated a hands-on workshop on common dermatological procedures in the second part of the conference.



Dermatology for Primary Care

# BORNEO DERMATOLOGY UPDATE 2022

*by Dr Pubalan Muniandy*

The Borneo Dermatology Update 2022 was organised by the Department of Dermatology in collaboration with MMA Sarawak Branch and Persatuan Dermatologi Malaysia on 27<sup>th</sup> and 28<sup>th</sup> August 2022. This was held at the Imperial Hotel in Kuching, Sarawak.

This one and a half day conference was attended by 210 delegates from all over Malaysia and was a fully physical meeting. The theme was 'DERMATOLOGY IN PRIMARY CARE' with the hope of enhancing the knowledge of primary care practitioners and non-dermatology specialists in the bread and butter of dermatological care in common skin disorders. The latest treatment options were also discussed as the world of dermatological therapies move in a relentless manner towards targeted treatment.



There were a total of 17 speakers and topics covered included eczema, psoriasis, skin cancers, hair and nail disorders, sti's and some common infections and infestations. The topics were chosen with primary care in mind. There were several lunch symposia on atopic dermatitis and psoriasis where much of the progresses in therapies have been made and significant impact in outcomes in the management of these diseases.



There were 24 booths displaying their products and enhancing the conference. Overall, it was a successful meeting for both the participants and speakers and they enjoyed the organisation of the conference and many experienced the warm Sarawak hospitality and the various foods that Kuching has to offer.



Position Paper for

# MANAGEMENT OF ATOPIC ECZEMA BY MEMBERS OF PDM

PDM actively participated in preparing a position paper titled - *Bringing the management of Atopic Eczema into New Era*

Dato' Dr Noor Zalmy Azizan organised a one-day workshop on this which was participated by a few members of PDM. The objective of the paper is to introduce the utilisation of oral Janus Kinase (JAK) inhibitors, (Baricitinib, Abrocitinib and Upadacitinib) in the management of moderate to severe atopic eczema.



## AWARDS TO MEMBERS



PDM would like to extend its heartfelt congratulations to TAN SRI DR S SUBRAMANIAM for the Darjah Kebesaran Panglima Setia Mahkota (PSM) from Seri Paduka Baginda Yang di-Pertuan Agong.

## Congratulations to DATO' SERI LIM HUAT BEE

Dato' Lim Huat Bee was bestowed the senior state award of DGPN by Tuan Yang Terutama Tun Dato' Seri Utama Ahmad Fuzi Bin Haji Abdul Razak, Governor of Penang which carries the title "Dato' Seri" in conjunction with his 73<sup>rd</sup> birthday held at Dewan Sri Pinang Puala Pinang.

The award was conferred to recognise Dato' Lim Huat Bee's voluntary and charity work over the past 10 years. PDM extends its heartiest congratulations to Dato' Seri Dr Lim Huat Bee.





# Remembrance of **DR CHU SIEW MUN**

*by Dr H C Ting*



The Dermatology Community is greatly saddened by the recent demise of one of our senior colleagues, Dr Chu Siew Mun.

Dr Chu was an old boy of the Boys Wing, Royal Military College. He excelled in his studies and was quite an athlete, shining in basketball and long-distance running.

In 1964 he joined the pioneer batch of students at the medical faculty of the Universiti Malaya and graduated in 1969. He then proceeded to obtain his MRCP in 1974 and also the Diploma in Dermatology from St John's Institute of Dermatology. He served as a lecturer at the Universiti Malaya from 1973 to 1977. He then left for private practice in his own clinic as well as at Assunta Hospital and later Subang Jaya Medical Centre.

Dr Chu was active in many social organisations as well the Dermatological Society of Malaysia (PDM). He was the President of the PDM from 1973 to 1977. He was also the Independent Non-Executive Director of Esthetics International Group Bhd, a skin care company, since 2008. He had musical talent coupled with determination too. Rather late in life, after having worked as a busy doctor for many years, he somehow managed to learn to play the organ really well and was an organist at many society and social functions.

In his lifetime, Dr Chu had a busy and successful dermatology practice and was well regarded for his excellent clinical skills. Above this, his college mates, colleagues and friends all fondly remember him as an unassuming, soft-spoken, kind, gentle and sincere person.

We shall all miss such a caring gentleman and colleague.